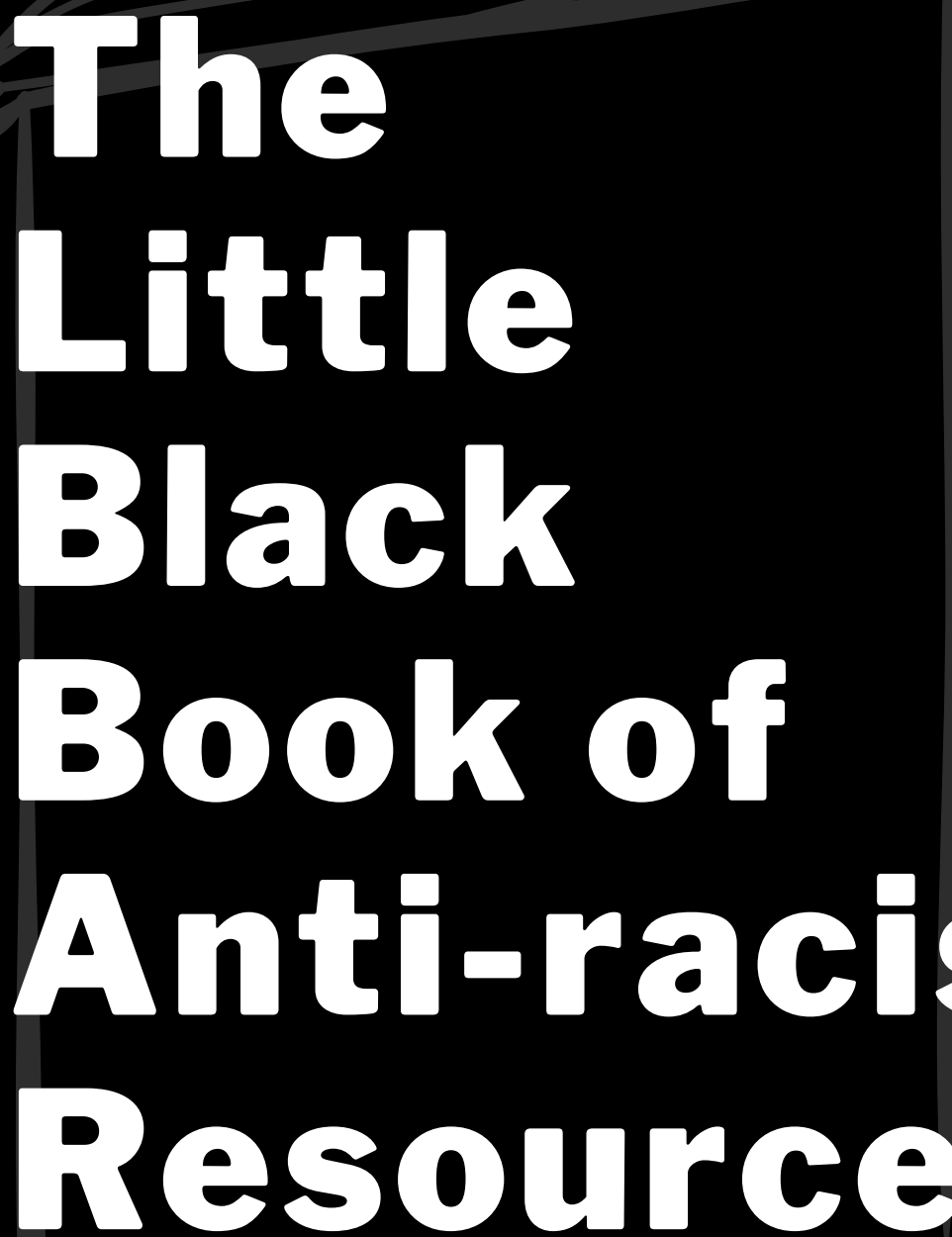


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The Little Black Book of Anti-racist Resources.

THIS BOOKLET HAS BEEN COMPILED
BY THE INSURANCE CULTURAL
AWARENESS NETWORK

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Foreword.

The recent murder of George Floyd and subsequent protests around the world have refocused the spotlight on the pervasive and ongoing racism in our society and the consequential treatment of black people across the world. The outpouring of outrage and hurt within the black community and by allies is a reminder that we have much more work to do.

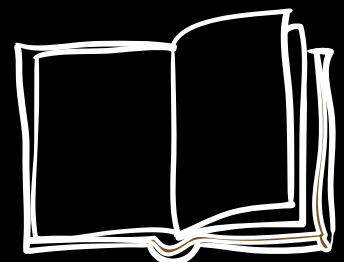
As a network created to promote multicultural inclusion within the insurance industry, we felt it was our job to compile a little black book of resources to help drive awareness on racism; to support and facilitate better discussions across our organisations; and to educate ourselves, our members and the wider community on the topic of race.

This booklet will provide you with resources that you can consume in the medium of your choice, whether you prefer to watch, listen and /or read, this booklet is the first step you can take to help equip yourself with the knowledge to help beat racism and create a world where equality is the norm.

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#Blacklivesmatter

- STEERING COMMITTEE - ICAN



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"Are there any articles online?"

- [Dear Allies, you will be tired but you must persist, Daisy](#)
- [The Coronavirus Was an Emergency Until Trump Found Out Who Was Dying, Adam Serwer](#)
- [Who Gets to Be Afraid in America? - Bram X. Kendi](#)
- [White Privilege: Unpacking the Invisible Knapsack, Peggy McIntosh](#)
- [For white people considering anti-racism, when your Black friends and colleagues have had enough, Alanah Nichole](#)
- [What is Anti-racism and How to be Anti-racist - Business Insider](#)
- [Is Your Company Actually Fighting Racism, or Just Talking About It? - Kira Hudson Banks & Richard Harvey](#)
- [First, Listen. Then, Learn: Anti-Racism Resources For White People - Julia Wuench](#)
- [Why I Chose to Stop Racially Identifying Myself - Cassidy Mi'chal](#)
- [So, They Called You An Angry Black Woman - Imani Christopher](#)
- [More than Meets the Eye, Let's Fight Racism - United Nations](#)

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"What should I read?"

- Why I'm No Longer Talking to White People About Race by Reni Eddo-Lodge
 - How To Be An Antiracist by Dr. Ibram X. Kendi
 - Raising Our Hands by Jenna Arnold
 - Eloquent Rage: A Black Feminist Discovers Her Superpower by Dr. Brittney Cooper
 - So You Want to Talk About Race by Ijeoma Oluo
 - Brit(ish): On Race, Identity and Belonging by Afua Hirsch
 - The Color of Law: A Forgotten History of How Our Government Segregated America by Richard Rothstein
 - White Fragility: Why It's So Hard for White People to Talk About Racism by Robin DiAngelo, PhD
 - Algorithms of Oppression: How Search Engines Reinforce Racism by Safiya Noble
 - Your silence will not protect you - Audre Lorde
 - Why being black feels so overwhelming right now - Gabriella Effie Forson (Powerful Essay)
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- Black and British: A Forgotten History - David Olusoga
- New Daughters of Africa: An International Anthology of Writing by Women of African Descent - Edited by Margaret Busby
- Natives: Race and Class and the Ruins of Empire by Akala
- Letter from Birmingham Jail by Martin Luther King, Jr.
- Sister Outsider by Audre Lorde
- Well-Read Black Girl: Finding Our Stories, Discovering Ourselves by Glory Edim
- Locking Up Our Own: Crime and Punishment in Black America by James Forman Jr.
- Dying of Whiteness by Jonathan Metzler
- Fatal Invention: How Science, Politics, and Big Business Re-create Race in the Twenty-First Century by Dorothy E. Roberts
- The Blacker the Berry by Wallace Thurman
- Their Eyes Were Watching God by Zora Neale Hurston
- The Warmth of Other Suns: The Epic Story of America's Great Migration by Isabel Wilkerson
- A Spectacular Secret: Lynching in American Life and Literature by Jacqueline Goldsby
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
- Born a Crime: Stories from a South African Childhood by Trevor Noah
- The Bluest Eye by Toni Morrison
- Wilmington's Lie: The Murderous Coup of 1898 and the Rise of White Supremacy by David Zucchino

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- Citizen: An American Lyric by Claudia Rankine
- Raising White Kids: Bringing Up Children In A Racially Unjust America by Jennifer Harvey
- Waking Up White by Debby Irving
- How To Be An Antiracist by Ibram X. Kendi
- Biased by Dr. Jennifer Eberhardt
- Brutal Imagination by Cornelius Eady
- Race Against Time: A Reporter Reopens The Unsolved Murder Cases of the Civil Rights Era by Jerry Mitchell
- They Were Her Property by Stephanie E. Jones-Rogers
- I'm Still Here: Black Dignity in a World Made for Whiteness by Austin Channing Brown
- Me and White Supremacy by Layla F. Saad
- Between the World and Me by Ta-Nehisi Coates
- The Underground Railroad by Colson Whitehead
- The Fire Next Time by James Baldwin
- My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem
- Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do by Claude M. Steele
- An American Marriage by Tayari Jones
- The Color of Law by Richard Rothstein
- Uprooting Racism by Paul Kivel

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- *Diversity, Inc.: The Failed Promise of a Billion-Dollar Business* by Pamela Newkirk
- *The Little Book of Race and Restorative Justice* by Fania Davis
- *Black Food Geographies* by Ashanté M. Reese
- *Race for Profit* by Keeanga-Yamahtta Taylor
- *The Hidden Cost of Being African American: How Wealth Perpetuates Inequality* by Thomas M. Shapiro
- *The Color of Money: Black Banks and the Racial Wealth Gap* by Mehrsa Baradaran
- *Stamped From the Beginning* by Ibram X. Kendi
- *The Strange Career of Jim Crow* by C. Vann Woodward (Martin Luther King Jr. called this “the historical bible of the Civil Rights movement.”)
- *Nobody: Casualties of America’s War on the Vulnerable, from Ferguson to Flint and Beyond* by Marc Lamont Hill
- *The Autobiography of Malcolm X: As Told to Alex Haley*
- *Warriors Don’t Cry* by Melba Pattillo Beals
- *Stony the Road: Reconstruction, White Supremacy, and the Rise of Jim Crow* by Henry Louis Gates Jr.
- *Homegoing* by Yaa Gyasi
- *The Yellow House* by Sarah M. Broom
- *The Sweeter the Juice: A Family Memoir in Black and White* by Shirlee Taylor Haizlip

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- When Affirmative Action Was White by Ira Katznelson
- Girl, Woman, Other - Bernardine Evaristo
- To Kill a Mockingbird - Harper Lee
- I Know why the Caged Bird Sings - Maya Angelou
- Americanah - Chimamanda Ngozi Adichie
- The Color Purple - Alice Walker

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"What should I listen to?"

- The Element of Inclusion Dr Jonathan Ashong-Lampsey Diversity & Inclusion I Broadcaster
- Guardian's Audio Long Reads - "Why I'm no longer talking to white people about race"
- Intersectionality Matters! - e.g. "Under the Blacklight: COVID in Confinement"
- Throughline - e.g. "American Police," / "Mass Incarceration" / "Milliken v. Bradley"
- Guardian's Audio Long Reads - "Gary Younge: Farewell to America"
- My podcast episode with Jamie Foxx, Michael B. Jordan, and Bryan Stevenson about Just Mercy
- Still Processing, a New York Times culture podcast with Jenna Wortham and Wesley Morrison
- Seeing White, a Scene on the Radio podcast
- Code Switch, an NPR podcast tackling race from all angles

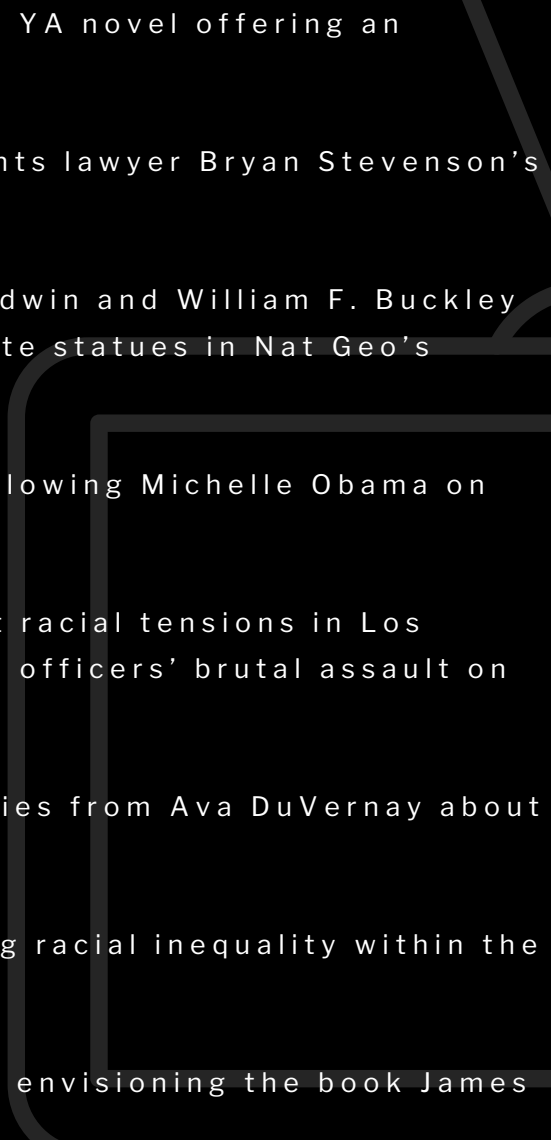
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- Jemele Hill is Unbothered, a podcast with award-winning journalist Jemele Hill
- Hear To Slay, “the black feminist podcast of your dreams,” with Roxane Gay and Tressie McMillan Cottom
- Pod Save The People, organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with analysis from fellow activists Brittany Packnett, Sam Sinyangwe, and writer Dr. Clint Smith III
- The Appeal, a podcast on criminal justice reform hosted by Adam Johnson
- Justice In America, a podcast by Josie Duffy Rice and Clint Smith on criminal justice reform
- Brené Brown with Ibram X. Kendi, a podcast episode on antiracism
- Come Through, a WNYC podcast with Rebecca Carroll
- The Kinswomen, conversations on race, racism, and allyship between women, hosted by Hannah Pechter and Yseult Polfliet

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"What should I watch?"

RECOMMENDED FILMS

- The Hate U Give, a film based on the YA novel offering an intimate portrait of race in America
 - Just Mercy, a film based on civil rights lawyer Bryan Stevenson's work on death row in Alabama
 - The 1965 debate between James Baldwin and William F. Buckley
 - My hour on the history of Confederate statues in Nat Geo's America Inside Out
 - Becoming, a Netflix documentary following Michelle Obama on her book tour
 - Let It Fall, a documentary looking at racial tensions in Los Angeles and the 1992 riots over LAPD officers' brutal assault on Rodney King
 - When They See Us, a Netflix miniseries from Ava DuVernay about the Central Park Five
 - 13th, a Netflix documentary exposing racial inequality within the criminal justice system
 - I Am Not Your Negro, a documentary envisioning the book James Baldwin was never able to finish
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- Selma, a film that chronicles the marches of the Civil Rights Movement
- Whose Streets - A documentary about the uprising in Ferguson
- Fruitvale Station, a film with Michael B. Jordan about the killing of Oscar Grant
- American Son, a film with Kerry Washington about an estranged interracial couple waiting for their missing son
- The Central Park Five, a documentary from Ken Burns
- A Class Divided, a Frontline documentary

RECOMMENDED POPULAR FILMS/TV

- 13th
- The Black Power Mixtape 1967-1975
- Queen & Slim
- BlacKkKlansman
- Do the Right Thing
- The Black Panthers: Vanguard of the Revolution
- Nelson Jr
- Dear White People
- Get Out
- A Love Song for Latasha
- Sorry to Bother You
- Malcolm X

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- The Central Park Five
- McMahon
- Good Hair
- Fruitvale Station
- The Death and Life of Marsha P. Johnson
- 12 Years as a Slave
- Insecure
- Strong Island
- The Watermelon Woman
- OJ: Made in America
- Quest
- Daughters of the Dust
- If Beale Street Could Talk
- American Son
- See You Yesterday
- Clemency

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VIDEOS

• [David Oyelowo post](#)

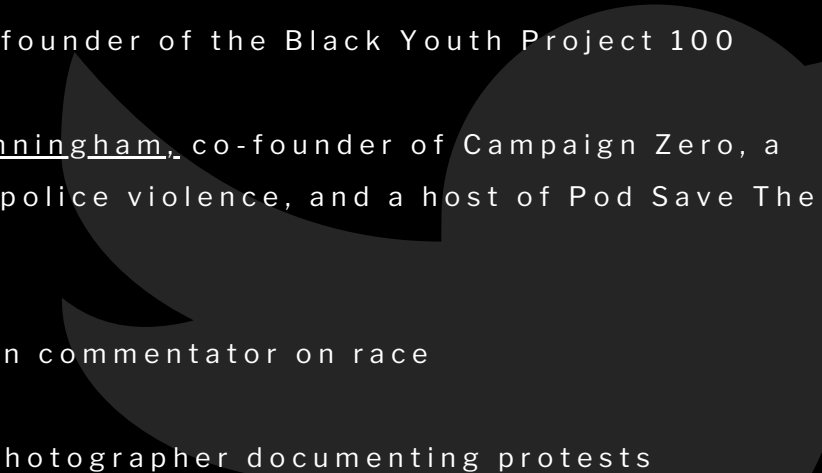
• [Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers](#)

• ["How Studying Privilege Systems Can Strengthen Compassion": Peggy McIntosh at TEDxTimberlaneSchools](#)

• [The danger of a single story](#)- TED Talks

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"Who should I follow?"

- [Rachel Cargle](#), a writer and lecturer who explores the intersection between race and womanhood
 - [Ibram X. Kendi](#), the author of *How To Be An Antiracist* and Director of the Antiracism Center
 - [Nikkolas Smith](#), the artist behind portraits of George Floyd, Ahmaud Arbery and others
 - [Charlene Carruthers](#), founder of the Black Youth Project 100
 - [Brittany Packnett Cunningham](#), co-founder of Campaign Zero, a policy platform to end police violence, and a host of Pod Save The People
 - [Ally Henny](#), a Christian commentator on race
 - [Candace Andrews](#), a photographer documenting protests
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"What organisations should I support?"

• [The Stephen Lawrence Trust](#)

• [The Innocence Project](#)

• [Stand Against Racism and Inequality \(SARI\)](#)

• [George Floyd Memorial Fund](#)

• [Black Lives Matter](#)

• [Runnymede TRUST](#)

• [Discrimination Law Association \(DLA\)](#)

• [Black Protest Legal Support UK](#)

• [Stop Hate UK](#)



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- Show Racism the Red Card
- Kick It Out
- Black Visions Collective
- The Reach Society
- The Black National Archives
- The Amos Bursary
- The Insurance Cultural Awareness Network

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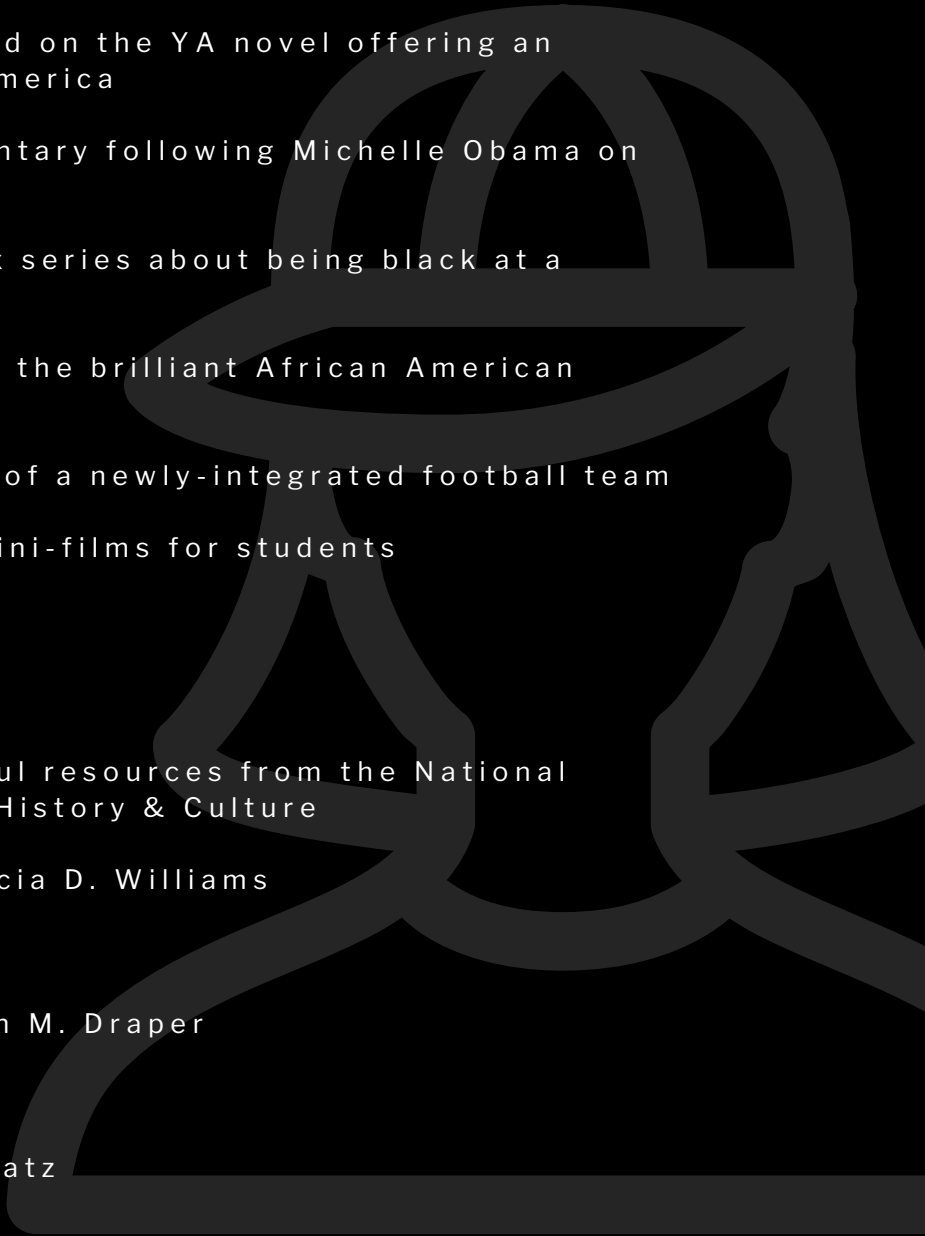
For kids/teens

WATCH

- The Hate U Give, a film based on the YA novel offering an intimate portrait of race in America
- Becoming, a Netflix documentary following Michelle Obama on her book tour
- Dear White People, a Netflix series about being black at a predominantly white college
- Hidden Figures, a film about the brilliant African American women of NASA
- Remember the Titans, story of a newly-integrated football team
- These 26 New York Times mini-films for students

READ

- “Talking About Race.” Helpful resources from the National Museum of African American History & Culture
- Genesis Begins Again by Alicia D. Williams
- Dear Martin by Nic Stone
- Stella by Starlight by Sharon M. Draper
- Anything by Angie Thomas
- The Colors Of Us by Karen Katz
- Skin Again by bell hooks
- Let’s Talk About Race by Julius Lester
- All American Boys by Jason Reynolds and Brendan Kiely



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- Stamped: Racism, Antiracism, and You by Jason Reynolds and Ibram X. Kendi
- Monster by Walter Dean Myers
- This Promise of Change by Jo Allen Boyce and Debbie Levy
- IntersectionAllies: We Make Room for All by Chelsea Johnson
- LaToya Council, Carolyn Choi

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**In the end, we
will remember
not the words of
our enemies but
the **silence** of
our friends."**

MARTIN LUTHER KING JR.



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